

# Teaching psychiatry in Ethiopia

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# Current situation in Ethiopia - 1

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- ❑ 15% of Ethiopians suffer from a psychiatric illness
- ❑ 34 psychiatrists work in Ethiopia
- ❑ 5 university hospitals treat psychiatric patients
- ❑ 12.000 psychiatrists in Germany

# Current situation in Ethiopia - 2

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- currently 1151 health officers (bachelor in medical health) in Ethiopia
- within next years over 5000 health officers are expected to finish their training ([www.moh.gov.et](http://www.moh.gov.et))

# What is the job of a health officer?

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To effectively and efficiently tackle the health and health-related problems of individuals, families and communities, health officers are expected to have the following knowledge and skills:

- assess community health needs
- plan, implement and evaluate activities and resources of the primary health care unit
- collect, organize and analyze health and health-related data from health institutions, communities and other relevant areas and utilize and disseminate the information to the community and other concerned bodies
- conduct and provide continuing education on the- job- training to the staff of the primary health care unit and community health workers
- provide a comprehensive outpatient care and in-patient services
- perform minor operative procedures
- refer difficult cases to the next higher level and follow up on their return to ensure continuity of care
- mobilize individuals, families and communities for health action
- promote and be engaged in inter-sectoral activities
- undertake essential and operational health research
- document and report all primary health care unit activities

# Current situation in Ethiopia - 2

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- ❑ multiplication of trained professionals in mental health care
- ❑ decentralization of psychiatric supply in Ethiopia, improve supply of rural areas

# Master of Science (MSC) in integrated clinical and community mental health

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- ▣ Education of health officers within a two-year training program at Jimma University
- ▣ Dr. Markos Tesfaye, Jimma
- ▣ Prof. Dr. Norbert Müller, Munich
- ▣ support by foreign lecturers (LMU, Harvard University, Boston, Hebrew University Jerusalem)

# Master of Science (MSC) in integrated clinical and community mental health

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- ❑ Applied Neuroscience
- ❑ Psychopharmacology
- ❑ Social work and family assessment
- ❑ Normal Psychology and Psychological Development
- ❑ Clinical Psychiatry I, II, III and IV
- ❑ Ethics, Law and Professionalism in Psychiatry
- ❑ General Adult Psychiatry
- ❑ Social Determinants of health
- ❑ Child and Adolescent Psychiatry
- ❑ Counseling Psychology
- ❑ Research methods in Mental Health
- ❑ Mental Health Services Management
- ❑ Special topics in Psychiatry
- ❑ Consultation-Liaison Psychiatry
- ❑ Principles of Psychotherapy
- ❑ Master's Thesis

# Master of Science (MSC) in integrated clinical and community mental health

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- ▣ 5 participants (started January 2010) and 11 participants (started February 2011)



# Timetable

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8.30-10:00	teachings in classroom
10:00-12:00	case discussion on ward, bed-side-teaching, ward round
12:00-14:00	lunch break
14:00-17:00	teachings in classroom



# Classroom

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# On the ward

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# Teachings

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## Lectures

- ▣ Powerpoint
- ▣ White board
- ▣ Flip chart

# Teachings

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Role games:

- ▣ video
- ▣ feedback
- ▣ psychiatric  
interview  
techniques

# Teachings

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- ▣ interactive group work
- ▣ case discussions
- ▣ problem based learning (PBL)

# Teachings

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- ▣ scientific discussions

# Teachings

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Final exam: 2 hours (70%)

seminar and participation  
in classroom: 30%





# Last day coming together

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Thank you for your attention!

Thanks to: Prof. Müller, Prof. Siebeck, Dr. M. Tesfaye, F. Jacobs, DAAD, **CIH<sup>LMU</sup>**