

**i.nez**

**Internationales Netzwerk  
zur Entwicklungszusammenarbeit  
im Bereich psychische Gesundheit e.V.**



**International Network for Cooperation  
in Mental Health**

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**International Symposium  
*Mental Health in Developing Countries*  
4<sup>th</sup> December 2010 in Munich**

On its 10<sup>th</sup> Anniversary **i.nez** - *International Network for Co-operation in Mental Health (registered association)* has organized together with Professor M. Siebeck, Centre for International Health and Professor N. Müller, Psychiatric Hospital of the LMU, an International Symposium on: "Mental Health in Developing Countries" The Symposium is open to all staff and students interested in health in developing countries.

**Venue:** Lecture hall, **Chirurgische Klinik** LMU, Nußbaumstr. 20, 80336 Munich from 9:00 -17:00 o'clock

Since a long time "Mental Health" has been the Cinderella of health care, whether in OECD countries or in developing countries. Attempts to introduce "Mental Health" on the agenda for a global public health are in its infancy.

Over half a billion of the world's population is suffering from neuropsychiatric disorders or from alcohol or drug dependence, the vast majority of patients is living in developing countries. Most patients receive no appropriate treatment - many are stigmatized with prejudice and exclusion. This leads to serious psychological, physical, social and economic damage.

At least 20% -30% of patients in developing countries, who visit primary care facilities, suffer from one or more neuropsychiatric disorders. Particularly important are chronic illnesses such as: depression, substance dependence, schizophrenia, epilepsy and dementia.

This symposium intends to give an overview of neuropsychiatric disorders and their importance to developing countries. Reports from Africa and Asia will illustrate various aspects of the problem.

Mental Health Services should not be a privilege in rich countries, but mental health also in developing countries is of enormous importance both for the individual and for the development of entire regions.

You are cordially invited to participate in the International Symposium "*Mental Health in Developing Countries*"

Dr. Wolfgang Krahl  
Chairman, **i.nez**

**Program 4<sup>th</sup> December 2010 in Munich**

9.00 -9.15

M. Siebeck / W. Krahl

**Welcome and Introduction**

**Session I: Chair:** Hans Jochen Diesfeld/Starnberg

9.15- 9.45

Matthias Siebeck/Munich

**Why is a Surgeon getting involved in Mental Health in Ethiopia?**

9.45 -10.15

Wolfgang Krahl/Munich

**Mental Health in Developing Countries**

10.15 – 10.45

Matthias Dose/Taufkirchen

**The WHO Model List of Essential Medicines - Can Psychiatric Patients be treated well with the Drugs listed**

**10.45 - 11.00 BREAK**

**Session II: Chair:** Wolfgang Krahl/Munich

11.00-11.30

Tyloth Murali/Tumkur/India

**Psychiatric Rehabilitation in Rural India**

11.30-12.00

Brunda Amruthraj/Bangalore/India

**Psychological Problems of employees in the Indian IT industry**

12.00-12.30

Claudia Lang/Munich

**Ayurvedic Treatment of Mental Disorders in Kerala**

**12.30- 13.30 BREAK**

**Session III: Chair:** Norbert Müller/München

13.30-14.00

Andrea Jobst/Munich

**Personal Experiences: Teaching Psychiatry in Ethiopia**

14.00-14.30

Markos Tesfaye/Jimma/Ethiopia

**I have Dreams: How to develop psychiatric Services in Ethiopia**

14.30- 15.00

Georg Rieder/Traunstein

**Community based Rehabilitation of Street Children in Ethiopia**

**15.00-15.30 BREAK**

**Session IV: Chair:** Matthias Siebeck/Munich

15.30 – 16.00

Gabriele Escheu/Kaufbeuren

**Epilepsy in Africa**

16.00 – 16.30

Andrea Winkler/Munich

**Cysticercosis: A growing Threat in Africa - Implications on Mental Health**

16.30 – 17.00

Rupert Pöschl/Göttingen

**Vimbuza – Ritual Healing in Malawi (Film)**

**Closing Remarks**

Information: Ms Kottinger Tel: 089 - 4562 3228

Registration is required: email: [inezev@yahoo.com](mailto:inezev@yahoo.com) or fax: 089 - 4562 3201 or by mail to Dr. Wolfgang Krahl, Klinikum München Ost, Ringstrasse 60, 85540 Haar. No fees will be charged.

The conference is not sponsored by the pharmaceutical industry. So that i.nez might continue its work, financial contributions, (which are tax deductible) are welcome.

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