

**i.nez**

**Internationales Netzwerk  
zur Entwicklungszusammenarbeit  
im Bereich psychische Gesundheit e.V.**



**International Network for Cooperation  
in Mental Health**

i.nez, c/o Dr. W. Krahl, Klinikum München Ost, Ringstrasse 60, 85540 Haar

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**3<sup>rd</sup> International Symposium  
*Mental Health in Developing Countries*  
12<sup>th</sup> November 2011 in Munich**

*i.nez* - *International Network for Cooperation in Mental Health* (registered association) has organized together with Professor M. Siebeck, CIH<sup>LMU</sup> Center for International Health and Professor N. Müller, Psychiatric Hospital of the LMU, an International Symposium on: "Mental Health in Developing Countries" The Symposium is open to all staff and students interested in health in developing countries.

**Venue:** Lecture Hall, **Chirurgische Klinik** LMU, Nußbaumstr. 20, 80336 Munich from 9:00 - 17:00

Since a long time "Mental Health" has been the Cinderella of health care, whether in OECD countries or in developing countries. Attempts to introduce "Mental Health" on the agenda for a global public health are in its infancy.

Over half a billion of the world's population is suffering from neuropsychiatric disorders or from alcohol or drug dependence, the vast majority of patients is living in developing countries. Most patients receive no appropriate treatment - many are stigmatized with prejudice and exclusion. This leads to serious psychological, physical, social and economic damage.

At least 20% - 30% of patients in developing countries, who visit primary care facilities, suffer from one or more neuropsychiatric disorders. Particularly important are chronic illnesses such as: depression, substance dependence, schizophrenia, epilepsy and dementia.

This symposium intends to give an overview of the importance of mental health for developing countries. Reports from Africa, Asia and South-America will illustrate various aspects of the problem.

Mental health services should not be a privilege in rich countries, but mental health is also in low income countries of enormous importance both for the individual and for the development of entire regions.

You are cordially invited to participate in the 3<sup>rd</sup> International Symposium "*Mental Health in Developing Countries*"

Dr. Wolfgang Krahl  
Chairman, **i.nez**

## **Program**

9.00 - 9.15

Matthias Siebeck / Wolfgang Krahl

### **Welcome and Introduction**

**Session I: Chair:** Fabian Jacobs /Munich

9.15 - 9.45

Matthias Siebeck/Munich

### **The role of medical education in teaching mental health**

9.45 -10.15

Rebecca Schennach-Wolff/Munich

### **Teaching psychiatry in Ethiopia – latest report from Jimma**

10.15 - 10.45

Sandra Dehning/Munich

### **Empathy: in Ethiopian and German in medical students**

## **10.45 - 11.00 BREAK**

**Session II: Chair:** Wolfgang Krahl/Munich

11.00 -11.30

Gabriele Herzog-Schröder/Munich

### **States of mind in a shamanic culture. Notes from ethnographic fieldwork among the Yanomami” (Orinoko, Venezuela)**

11.30 -12.00

Miriam Koettl/Munich

### **Tibetan medicine and the effects of meditation training in the treatment of patients suffering from trauma**

12.00 -12.30

Martina Bungert/Kempton

### **Mala-Project - psychosocial support for conflict-affected families in Nepal**

## **12.30- 13.30 BREAK**

**Session III: Chair:** Günter Fröschl/Munich

13.30 -14.00

Andrea Winkler/Munich

### **Epilepsy in rural Africa: prevalences and potential cause**

14.00 -14.30

Reiner Frank/Munich

### **Child psychiatry in Jimma, Ethiopia, first experiences**

14.30 -15.00

Murali Thyloth /Tumkur - India

**Innovative methods for stigma eradication program for mental illness in rural India**

**15.00-15.30 BREAK**

**Session IV: Chair:** Matthias Siebeck /Munich

15.30 -16.00

Alemayehu Negash/Jimma - Ethiopia

**Treatment of patients with schizophrenia in Ethiopia**

16.00 - 16.30

Michael Odenwald/Konstanz

**A community-based treatment program involving patients with chronic psychosis and their caretaker in Somaliland.**

16.30 -17.00

Wolfgang Krahl/Munich

**The emperor of China is working as a gardener –  
Rehabilitation of patients with schizophrenia in Malaysia**

**Closing Remarks**

**Registration is required:**

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fax: 089 - 4562 3201

mail: Dr. Wolfgang Krahl, Klinikum München Ost, Ringstrasse 60, 85540 Haar.

Information: Ms Kottinger / Dr. Krahl: Tel: 089 - 4562 3228

**No fees will be charged.**

The conference is not sponsored by the pharmaceutical industry. To strengthen its work **i.nez** welcomes financial contributions, (which are tax deductible).

**i.nez** account Nr. 729707 and (Routing Nr.) BLZ 734 500 00

at the Kreis- und Stadtparkasse in Kaufbeuren.

## Registration/Anmeldung

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Mental Health in Developing Countries  
12<sup>th</sup> November 2011 in Munich**

**Please send to/ Bitte zurücksenden an:**

inezev@yahoo.com

or

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Isar-Amper-Klinikum Klinikum München-Ost  
Ringstr. 60  
85540 Haar bei München  
**Fax: 089 4562-3201**

**Time:** Saturday 12th November 2011.07.2011, from 9:00 -17:00 o'clock

**Venue:** Lecture Hall, **Chirurgische Klinik** LMU, Nußbaumstr. 20, 80336 Munich

Surname:.....

First Name:.....

Street:.....

Postal code:.....

City:.....

Country:.....

Occupation:.....

E-Mail:.....

Telephone:.....