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**Internationales Netzwerk
zur Entwicklungszusammenarbeit
im Bereich psychische Gesundheit e.V.**



**International Network for Cooperation
in Mental Health**

i.nez, c/o Dr. W. Krahl, Klinikum München Ost, Ringstrasse 60, 85540 Haar

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**3rd International Symposium
Mental Health in Developing Countries
12th November 2011 in Munich**

i.nez - *International Network for Cooperation in Mental Health* (registered association) has organized together with Professor M. Siebeck, CIH^{LMU} Center for International Health and Professor N. Müller, Psychiatric Hospital of the LMU, an International Symposium on: "Mental Health in Developing Countries" The Symposium is open to all staff and students interested in health in developing countries.

Venue: Lecture Hall, **Chirurgische Klinik** LMU, Nußbaumstr. 20, 80336 Munich from 9:00 - 17:00

Since a long time "Mental Health" has been the Cinderella of health care, whether in OECD countries or in developing countries. Attempts to introduce "Mental Health" on the agenda for a global public health are in its infancy.

Over half a billion of the world's population is suffering from neuropsychiatric disorders or from alcohol or drug dependence, the vast majority of patients is living in developing countries. Most patients receive no appropriate treatment - many are stigmatized with prejudice and exclusion. This leads to serious psychological, physical, social and economic damage.

At least 20% - 30% of patients in developing countries, who visit primary care facilities, suffer from one or more neuropsychiatric disorders. Particularly important are chronic illnesses such as: depression, substance dependence, schizophrenia, epilepsy and dementia.

This symposium intends to give an overview of the importance of mental health for developing countries. Reports from Africa, Asia and South-America will illustrate various aspects of the problem.

Mental health services should not be a privilege in rich countries, but mental health is also in low income countries of enormous importance both for the individual and for the development of entire regions.

You are cordially invited to participate in the 3rd International Symposium "*Mental Health in Developing Countries*"

Dr. Wolfgang Krahl
Chairman, **i.nez**

Program

9.00 - 9.15

Matthias Siebeck / Wolfgang Krahl

Welcome and Introduction

Session I: Chair: Fabian Jacobs /Munich

9.15 - 9.45

Matthias Siebeck/Munich

The role of medical education in teaching mental health

9.45 -10.15

Rebecca Schennach-Wolff/Munich

Teaching psychiatry in Ethiopia – latest report from Jimma

10.15 - 10.45

Sandra Dehning/Munich

Empathy: in Ethiopian and German in medical students

10.45 - 11.00 BREAK

Session II: Chair: Wolfgang Krahl/Munich

11.00 -11.30

Gabriele Herzog-Schröder/Munich

States of mind in a shamanic culture. Notes from ethnographic fieldwork among the Yanomami” (Orinoko, Venezuela)

11.30 -12.00

Miriam Koettl/Munich

Tibetan medicine and the effects of meditation training in the treatment of patients suffering from trauma

12.00 -12.30

Martina Bungert/Kempton

Mala-Project - psychosocial support for conflict-affected families in Nepal

12.30- 13.30 BREAK

Session III: Chair: Günter Fröschl/Munich

13.30 -14.00

Andrea Winkler/Munich

Epilepsy in rural Africa: prevalences and potential cause

14.00 -14.30

Reiner Frank/Munich

Child psychiatry in Jimma, Ethiopia, first experiences

14.30 -15.00

Murali Thyloth /Tumkur - India

Innovative methods for stigma eradication program for mental illness in rural India

15.00-15.30 BREAK

Session IV: Chair: Matthias Siebeck /Munich

15.30 -16.00

Alemayehu Negash/Jimma - Ethiopia

Treatment of patients with schizophrenia in Ethiopia

16.00 - 16.30

Michael Odenwald/Konstanz

A community-based treatment program involving patients with chronic psychosis and their caretaker in Somaliland.

16.30 -17.00

Wolfgang Krahl/Munich

**The emperor of China is working as a gardener –
Rehabilitation of patients with schizophrenia in Malaysia**

Closing Remarks

Registration is required:

email: inezev@yahoo.com

fax: 089 - 4562 3201

mail: Dr. Wolfgang Krahl, Klinikum München Ost, Ringstrasse 60, 85540 Haar.

Information: Ms Kottinger / Dr. Krahl: Tel: 089 - 4562 3228

No fees will be charged.

The conference is not sponsored by the pharmaceutical industry. To strengthen its work **i.nez** welcomes financial contributions, (which are tax deductible).

i.nez account Nr. 729707 and (Routing Nr.) BLZ 734 500 00

at the Kreis- und Stadtparkasse in Kaufbeuren.

Registration/Anmeldung

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Mental Health in Developing Countries
12th November 2011 in Munich**

Please send to/ Bitte zurücksenden an:

inezev@yahoo.com

or

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Ringstr. 60
85540 Haar bei München
Fax: 089 4562-3201

Time: Saturday 12th November 2011.07.2011, from 9:00 -17:00 o'clock

Venue: Lecture Hall, **Chirurgische Klinik** LMU, Nußbaumstr. 20, 80336 Munich

Surname:.....

First Name:.....

Street:.....

Postal code:.....

City:.....

Country:.....

Occupation:.....

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