Grants for Mentees with Children to Better Support Work-Life Balance

The effort required to pursue a scholarly qualification with the goal of securing a university professorship requires a high level of commitment on the part of prospective academics. This goes far beyond a standard 8-hour work day and often requires a high degree of mobility and flexibility. For candidates with children, the task becomes even more difficult. Thus, the provision of daycare services outside of standard timeframes provides a welcome aid for many academics.

The mentoring program MOMENTE of the Faculty of Medicine, which seeks to support highly qualified young scientists working toward a university professorship, will therefore now offer grants for mentees with children to help better support a work-life balance.

Eligibility for application
Mentees in the mentoring program with children up to and including the age of 12 can apply. It does not matter if the mentee has a position or a scholarship with the LMU or the University Hospital.

Type, extent, and amount of the grant
Grants will be processed quickly (short term) for specific needs. A mentee can apply for a maximum of three grants per year. Each grant enables a maximum payout of 400 €.

Eligible costs
Costs for childcare outside of the standard timeframe are eligible to be covered by this grant. This includes, for example:

- Evening childcare costs (babysitters, “Campuskinder”, etc.) in order to, for example, take part in a lecture, a meeting, or a similar university event.
- Weekend or holiday childcare costs (babysitter, nanny, etc.) in order to, for example, take part in an academic symposium, congress, or other education event.
- Costs involved in taking a child to a symposium, congress, daily event, excursion or field research (i.e. for train tickets, overnight costs or childcare).

Childcare must be provided by a third person and involve payment for services. It does not include childcare carried out free of charge by a neighbor. It also excludes childcare done by relatives. A grant is only possible if childcare from outside the family is required.

Application
In order to apply, the mentee has to submit a written application along with the application form for mentees with children to the dean’s office, Maria Wiedemann, maria.wiedemann@med.lmu.de. The mentee must specify the requested amount (with a detailed explanation), timeframe, and purpose of the grant. Furthermore, the mentee must state who will be providing the childcare, why another solution
is not possible, and how the grant will support the academic career. The application must also include a copy of the child’s / children’s birth certificate(s). Applications can be submitted at the end of the quarter (March 31, June 30, September 30).

**Approval/selection process**
A selection committee of the MOMENTE mentoring program of the Faculty of Medicine will decide on grant approval.

**Reporting duty**
The mentee must provide proof of his/her event participation within 14 days after receiving the grant. If the mentee does not provide proof of participation, he/she must return the grant in full.

**General information**
Mentees are not legally entitled to get the grant. The availability of funding as well as the justification of the mentee are crucial for the approval. Mentees are responsible for the payment of taxes regarding the grant.